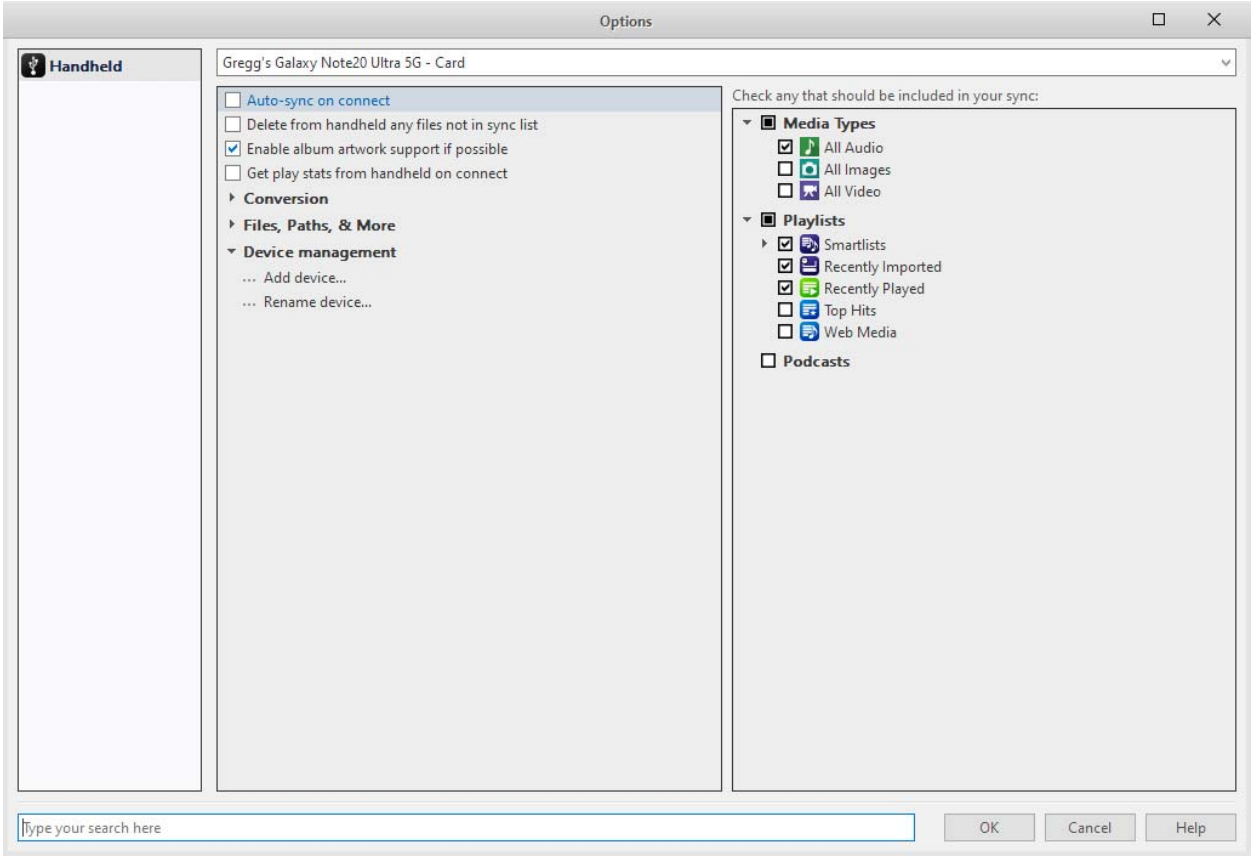JRMC Sync Options